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## **Homoeopathic Management for ADHD in Children's**

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### **ABSTRACT**

The ability of children to function is impacted by Attention Deficit-Hyperactivity Disorder (ADHD), a mental illness. People with this illness exhibit tendencies of inattentiveness, hyperactivity, or impulsivity at levels that are developmentally inappropriate.

Before the age of 12, symptoms begin to appear, and frequently they are already noticeable in early childhood.

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### **DEFINITION**

One of the frequent childhood problems is attention deficit hyperactivity disorder.

It is a neurodevelopmental and psychiatric condition that affects children and causes a variety of behavioural disorders.

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### **DIAGNOSIS**

ADHD is medically diagnosed. The DSM 5 criteria demand that a predetermined number of criteria in the domains of inattention, hyperactivity, and impulsivity be met.

The first signs of the condition may appear as early as age 12 and must interfere with a person's ability to perform in social, intellectual, and occupational situations in at least two different contexts.

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### **CLINICAL FEATURES**

Onset up to 12 years of age.

Present in at least 2 different social settings

Interfering with social, academic and occupational functioning

Inattention (prone to careless mistakes, easily distracted)

Hyperactivity (often on the go, fidgety)

Impulsivity (can't wait for turn)



## Management

Individualized psychotherapy designed for each patient and the family is the cornerstone of management. The patient's response to psychological therapy was insufficient.

ADHD can be effectively treated with homoeopathy. Children can administer homoeopathic medications safely because they are prescribed in tiny amounts.

Each child with ADHD has a unique set of symptoms and causes.

### *Cina*

Cina child is very cross, ugly, does not want to be touched, caressed or carried, and wants to be rocked.

Very touchy, petulant, dissatisfied

Irritability > rocking fast.

Cannot bear to be looked at

Desires many things, but rejects everything offered, throws things away.

Violent screaming attacks at night, the child lying on the back, striking and kicking with hands and feet

### *Stramonium*

Intense emotions in a child lead to violence, which is out of control

Sudden anger. Can be destructive with striking, biting, tearing, smashing, strangling.

Emotional vulnerability

Strong fears at night. Wakes with terror, the wild look in the eyes. Half awake, half dreaming. The child wants to sleep with the parents.

The sight of water or anything glittering brings on spasms.

Children with Behaviour disorders can appear very quiet during the consultation.

Rapid changes from joy to sadness. Laughs at night weep during the day.

### *Tuberculinum*

Hyperactivity, restless

Compulsive behavior, ritualism

Despondent and morose Disposition to use foul, filthy language; to curse and swear

Every trifle irritates him.

Horrid anger wants to throw things away. Bangs the head when angry

Malicious behaviour breaks things, breaks other's valuables.

An obstinate and disobedient child

Dissatisfied, always wants a change.

***Tarantula***

Suddenly changing moods, fancies, or strength

Crafty, cunning, dishonest, selfish, destructive, destroy whatever she can lay hand on, tears her clothes, etc.

Hateful throws things away.

Rolls on the ground from side to side or strikes vehemently or rolls the head and rubs it to relieve her distress.

Hurried, intense, excited and restless. Impatient

***Veratrum alb***

Hyperactive, restless, disobedient

Mania with desire to cut and tear everything, especially clothes

Cannot bear to be left alone, yet persistently refuses to talk.

Precocity. Asks many questions.